



# Using Our Hearts and Minds to Prevent Heart Disease and Stroke in Kentucky

## Did you know....

- Heart disease is the #1 cause of death in Kentucky
- Stroke is the #3 cause of death in Kentucky
- Kentucky is in the top 10 of states for stroke and heart disease mortality
- Heart disease cost an estimated \$431.8 billion in the US

## We need your help....

To address this epidemic, the Kentucky Department for Public Health, through a Center for Disease Prevention and Control (CDC) Heart Disease and Stroke Prevention Grant, is seeking input from the community through Regional Partnership Meetings. Your input at these meetings will be used to develop a statewide action plan to address heart disease and stroke and their associated health consequences.

## Topics to be discussed:

- Increase control of high blood pressure and cholesterol
- Increase knowledge of signs and symptoms for heart attack and stroke and the importance of calling 9-1-1
- Improve emergency response
- Improve quality of heart disease and stroke care
- Eliminate health disparities in terms of race, ethnicity, gender, geography or socio-economic status

Please mark your calendar for a site convenient to you.

**Paducah:** Carson Center, March 25, 2008, 5–7 p.m. CST\*

**Bowling Green:** Carroll Knicely Center, April 15, 2008, 10:30 a.m.–1:30 p.m. CST\*

**Somerset:** Center for Rural Development, April 29, 2008, 10:30 a.m.–1:30 p.m. EST\*

**Hazard:** Primary Care Center of Eastern KY, May 1, 2008, 10 a.m.–2:00 p.m. EST\*

*\* Please register at [www.ky.train.org](http://www.ky.train.org). Registration will begin thirty minutes before the listed start time.*

If you have any questions, please contact Bonita Bobo at [bonitaA.bobo@ky.gov](mailto:bonitaA.bobo@ky.gov) or 502-564-7996 extension 3625.